

Bootcamps - fast fitness building

Fast facts

Audience

Busy people who are 'time poor' and enjoy a fast, active, immersion in a topic — rather than a typical classroom experience

Participants are welcome from any discipline or organization type

Participants may include:

- ◆ People wanting to accelerate their understanding / capability in a topic
- ◆ Those needing a career lift and wanting a base-line understanding of the field
- ◆ Experienced managers wanting to refresh their technical skills
- ◆ Teams wanting a stimulating learning experience

Locations

Melbourne, Sydney, Brisbane, Canberra

Duration

4 hrs

Cost

\$ 500 per person (GST inc)
Includes take-away tools and content summaries used on the program

Delivery mode

Large scale groups; high activity / fast paced content ; chat rooms; group activities, exercises & case studies

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Overview

Bootcamp sessions are designed in response to demand our trainers see in the market from our participants or in response to changes in IP in an emerging field. Bootcamps are designed as very different experiences — the tone and style of sessions are all about 'getting fit' on a topic in an unconventional way. There's music, action and coaches around you to inspire you to learn and apply new skills on-the-run.

A bootcamp on any topic typically includes :

Technical 'payload' - technical information that gives a baseline understanding of a topic (and any conventional jargon) in fast, digestible chunks

Workout tools - models, frameworks, toolkits or ways of working on a topic that makes it easy to do the task back at work without fatigue or overloading

Exercises - case studies or problems to solve that step-up from easy to more demanding or complicated as the session progresses

Curve balls – rapid fire challenges that get the group thinking / debating and problem-solving the way you may need to on-the-job

Stress tests - more detailed case studies that challenge you in a supportive environment so you can identify areas to work on after the program.

Bootcamp topics include:

- ◆ **Effective Process Mapping**—a key business analysis skill and useful for HR practitioners (in structure design /workflow or training design); operations management and any systems design
- ◆ **Introduction to Change Management**— 8 slices of capability for a change manager; consultant or project team member
- ◆ **Managing complexity in projects**— new insights about the mind and managers' navigation of large scale, multi-footprint, global or physically demanding projects.

New topics are designed regularly. Please check our schedule for details.

To register your interest call 1300 138 225 or email acpm@planpower.com.au